

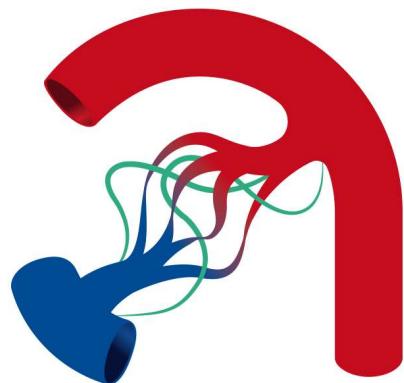


European  
Reference  
Network

for rare or low prevalence  
complex diseases

❖ **Network**

Vascular Diseases  
(VASCERN)



# Venous malformation

Final Approved Patient Pathway by the Vascular Anomalies (VASCA) Working Group - 29/04/2020

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# Disclaimer

- This document is an opinion statement reflecting strategies put forward by experts and patient representatives involved in the Vascular Anomalies (VASCA) Rare Disease Working Group of VASCERN.
- It is preferable that patients be evaluated in a multidisciplinary center specialized in the diagnosis and management of vascular anomalies.
- This pathway is issued on 29/04/2020 and will be further validated and adjusted as needed.
- Responsibility for care of individual patients remains with the treating physician.

Dieses Dokument wurde am 05.12.2022 von Dr. Friedrich Kapp für das Zentrum für Gefäßfehlbildungen (Uniklinik Freiburg) für das FZSE Freiburg geprüft, es war keine Kommentierung notwendig. Eine gemeinsame Überprüfung und Diskussion wird unabhängig hiervon in VASCA-WG erfolgen.

Dieses Dokument wurde am 15.11.2023 von Dr. Friedrich Kapp für das Zentrum für Gefäßfehlbildungen (Uniklinik Freiburg) für das FZSE Freiburg geprüft und kommentiert. Eine gemeinsame Überprüfung und Diskussion wird unabhängig hiervon in der VASCA-WG erfolgen.



## Suspected Venous Malformation

### Histology:

- VM : dilated veins, sparse vascular smooth muscle cells
- GVM : veins surrounded by glomus cells
- Maffucci syndrome : spindle cell hemangioma
- VVM: clusters of venus-like channels, GLUT 1+

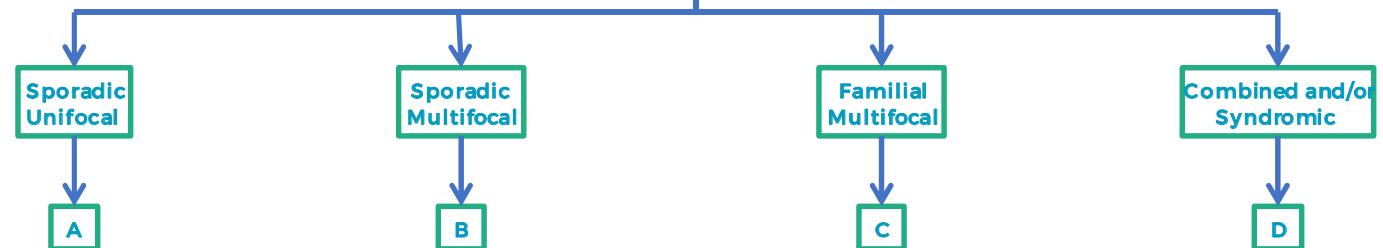
VM: Venous Malformations

GVM: Glomuvenuous Malformations

VVM: Verrucous Venous Malformations

- Blue or skin coloured swelling; sometimes mucosal lesion
- Typically empties with compression and fills up in dependent position
- Painful at awakening or after exercise. For extended period if local thrombosis (1 to 2 weeks)
  - Sometimes : firm, painful on palpation and/or palpable phleboliths
    - No thrill, not warm
- Number of lesions, associated anomalies and/or limb hypo / hypertrophy
- Family history

- Doppler ultrasound to confirm diagnosis & exclude fast flow
  - MRI if diagnosis unclear
  - Biopsy rarely needed for differential diagnosis



LEGEND:

Clinical evaluation

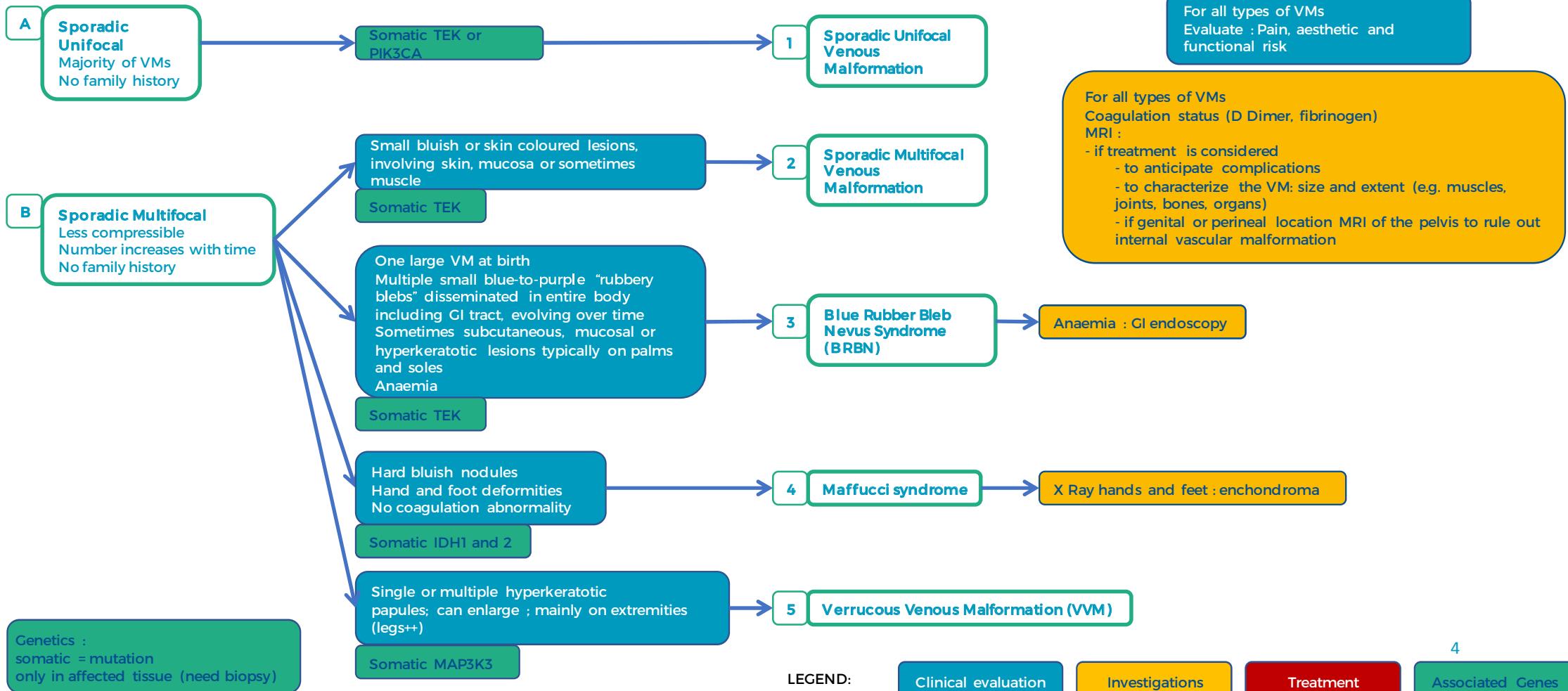
Investigations

Treatment

Associated Genes

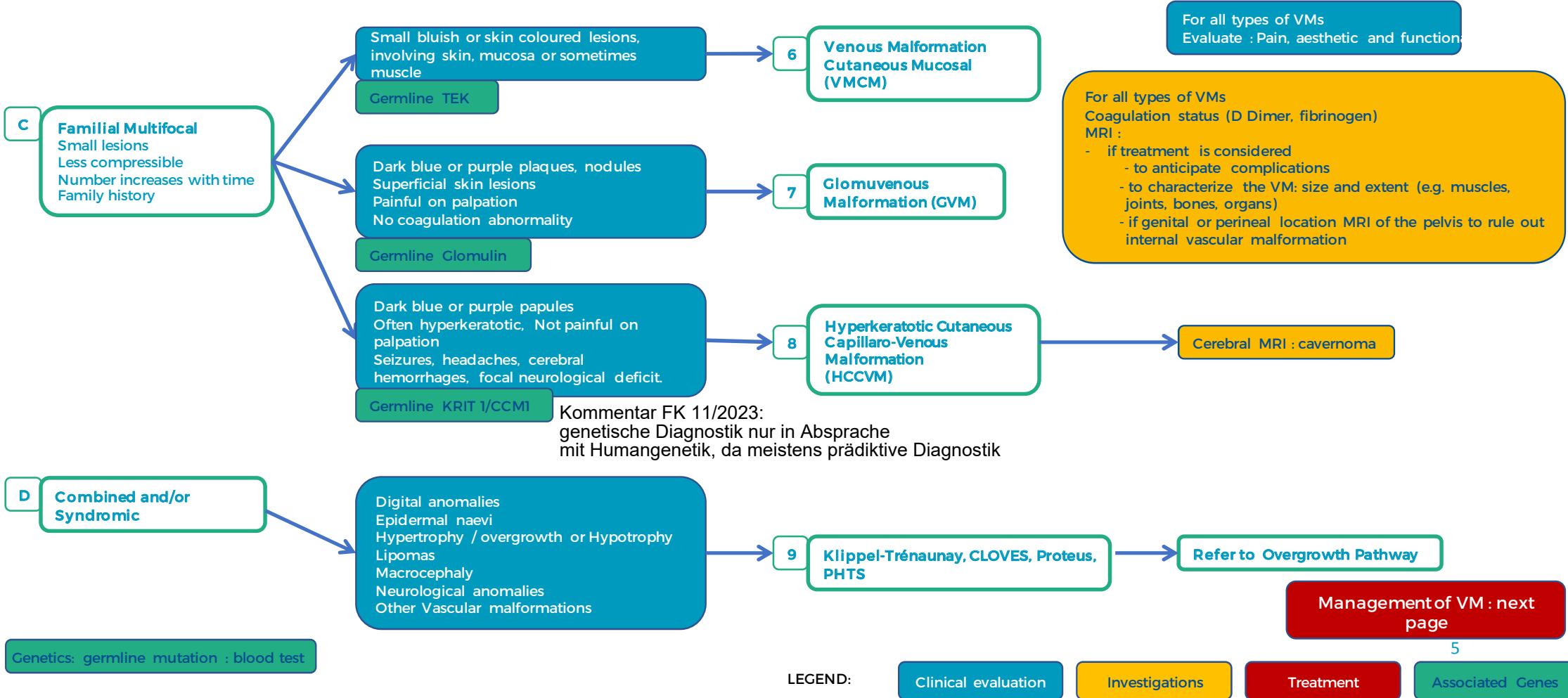


## Venous Malformation Diagnostic Work-Up continued





## Venous Malformation Diagnostic Work-Up continued





## Venous Malformation Management/Treatment

- 1 Sporadic uni or multifocal VM  
Small skin and mucosal lesions
- 2 Sporadic Uni or multifocal VM  
Large skin and mucosal lesions
- 6 Familial multifocal VMC
- 3 Sporadic multifocal BRBN
- 7 Familial multifocal GVM
- 5 Verrucous Venous Malformation (VVM)
- 8 Hyperkeratotic Cutaneous Capillaro-Venous Malformation (HCCVM)
- 4 Sporadic Multifocal « Spindle cell Hemangioma »:  
Maffucci syndrome

Common management approaches

### Conservative treatments:

- Elastic compression (except GVM and Maffucci)
- Nd:YAG Laser for superficial lesions
- Treatment of consumptive coagulopathy (next page)
- Non-steroidal anti-inflammatory drugs (NSAID)

### Invasive treatments :

- Surgical management
- Sclerotherapy (alone or in combination with surgery)
- Intralesional Diode or Radiofrequency intralesional Cryoablation

### Emerging treatment option :

- Sirolimus

Anemia : iron supplementation, blood transfusion

Prefer laser for "plaque-like lesions"

Prefer surgical resection or laser

Neurologic monitoring

Prefer surgical resection  
Cancer monitoring

Kommentar FK 11/2023:  
cMRT wenn suggestive Symptomatik,  
bei asymptomatischen Patienten nach  
gemeinsamer Abwägung mit Patienten

LEGEND:

Clinical evaluation

Investigations

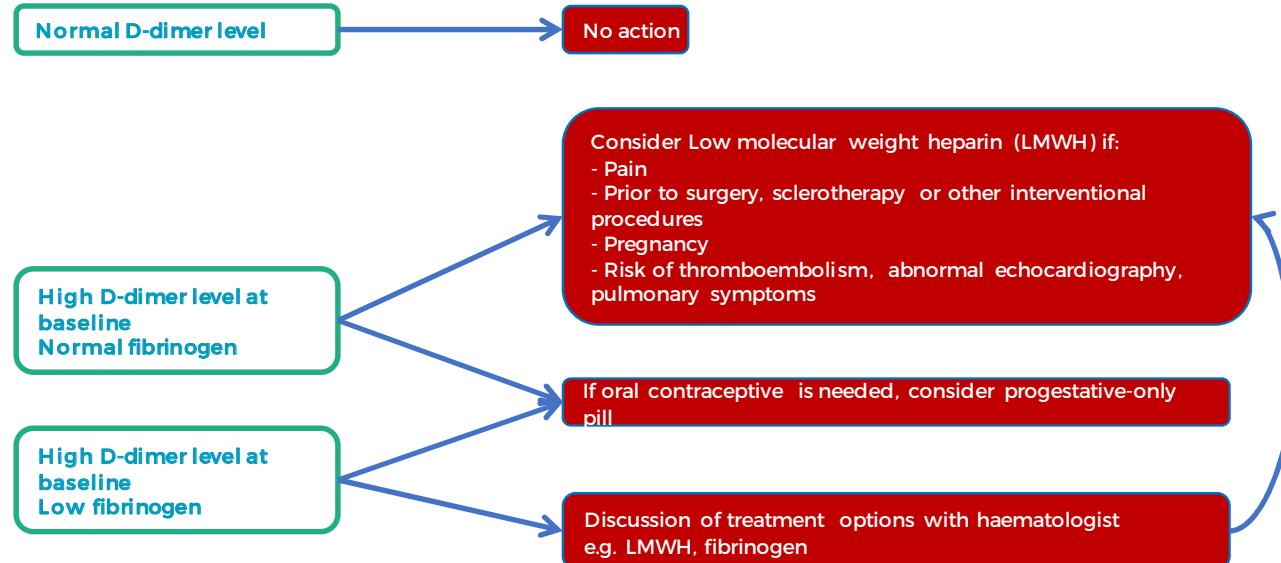
Treatment

6

Associated Genes



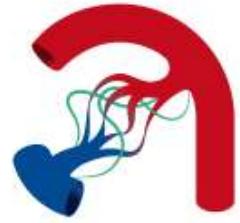
## Chronic Consumptive Coagulopathy Management





**VASCERN**

Gathering the best expertise in Europe  
to provide accessible cross-border healthcare  
to patients with rare vascular diseases



VASCERN, the European Reference Network on Rare Multisystemic Vascular Diseases, is dedicated to gathering the best expertise in Europe in order to provide accessible cross-border healthcare to patients with rare vascular diseases (an estimated 1.3 million concerned). These include arterial diseases (affecting aorta to small arteries), arterio-venous anomalies, vascular malformations, and lymphatic diseases.

VASCERN currently consists of 30 highly specialised multidisciplinary Healthcare Providers (HCPs) from 11 EU Member States and of various European Patient Organisations and is coordinated in Paris, France.

Through our 5 Rare Disease Working Groups (RDWGs) as well as several thematic WGs and the ePAG- European Patient Advocacy Group, we aim to improve care, promote best practices and guidelines, reinforce research, empower patients, provide training for healthcare professionals and realise the full potential of European cooperation for specialised healthcare by exploiting the latest innovations in medical science and health technologies.

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