

CURRICULUM VITAE

Prof. Lukas Schwingshackl, PhD, MSc

Contact

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Work experience

- Since 06/2023: **ApI. Professor**; Medical University of Freiburg, Germany
- Since 07/2021: **Group Leader**: “Evidence-based Nutrition Sciences” Institute for Evidence in Medicine, Medical University of Freiburg, Germany
- 11/2018 – 06/2021: **Senior Scientist**; Institute for Evidence in Medicine, Medical University of Freiburg, Germany
- 09/2015 – 10/2018: **Postdoctoral Researcher**; Department of Epidemiology, German Institute of Human Nutrition, Germany
- 09/2014 – 08/2015: **Guest Scientist**; Department of Epidemiology, German Institute of Human Nutrition, Germany
- 07/2012 – 06/2015: **Research Associate**; Department of Nutritional Sciences, University of Vienna, Austria

Training

- 01/2022: **Umhabilitation** in “Experimentelle Medizin” at the Medical Faculty, University of Freiburg, Germany
- 07/2019: **Habilitation (Priv.-Doz.)** in “Public Health Nutrition” at the Faculty of Life Sciences, University of Vienna, Austria
- 07/2012 – 06/2015: **PhD in Nutritional Sciences**; Research Associate, Department of Nutritional Sciences, University of Vienna, Austria
- 10/2009 – 06/2012: **MSc in Nutritional Sciences**; UMIT-Hall, Austria
- 10/2005 – 11/2008: **BSc in Dietetics**; University of Applied Sciences, Bozen, Italy; Catholic University of the Sacred Heart, Rome, Italy

Honors and awards

Year

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| • Max-Rubner Preis (DGE) | 2023 (5.000€) |
| • Associate Editor “Advances in Nutrition” | 2023 - |
| • Highly Cited Researcher (Cross-Field) | 2020 - 2023 |
| • FUTURA AWARD (Career Award for young South Tyroleans abroad) | 2020 (6.666 €) |
| • 2018 Most Cited Research Article award from the Journal “JAND” | 2019 |
| • Best Paper Award 2018 from the Journal “Nutrients” | 2019 (3.000 CHF) |
| • Editorial Board Member “Advances in Nutrition” | 2019 - 2023 |
| • 2017 Most Cited Research Article award from the Journal “JAND” | 2018 |
| • Travel Award (German Society of Nutrition) | 2017 (1.500 €) |
| • Merit Scholarship (University of Vienna) | 2016 (1.500 €) |
| • Award of Excellence for best PhD thesis (BMWFW) | 2015 (3.000 €) |
| • KWA-Fellowship (University of Vienna) | 2014 (1.600 €) |
| • Postgraduate Fellowship (South Tyrolean Health Service) | 2010-2012 (4.000 €) |

Scientific output & Citation metrics

- Web of Science: h-index (11/23): **52**; >9.000 citations; >180 publications (43% as first author)
- google scholar (11/23): h-index: **61**; >16.000 citations

Functions in research societies and programme committees

- Since 2023: Co-Lead “Cochrane Thematic Group Nutrition and Physical Activity”
- Since 2021: Member of Cochrane Climate-Health working group
- Since 2020: Member of Cochrane Public Health Europe
- Since 2019: Member of the GRADE Working Group; Project: Environmental Health
- Since 2018: Ordinary Member Germany Society of Nutrition “Food-based dietary guidelines”
- Since 2018: SIG EuGMS - The Special Interest Group of Systematic Reviews and Meta-Analysis for Healthy Aging
- Since 2018: Ordinary member of the German Federal Institute for Risk Assessment (BfR) for the Commission: Evidence based methods in risk assessment
- Since 2017: Ordinary Member Germany Society of Nutrition “Protein guidelines”

Ad hoc Reviewer

New England Journal of Medicine, Journal of the American College of Nutrition, Obesity Reviews, European Journal of Clinical Nutrition, British Journal of Nutrition, Hormone and Metabolic Research, PLoS One, Endocrine, Journal of Functional Foods, Public Health Nutrition, British Journal of Cancer, Diabetes Research Clinical Practice, BMC Public Health, European Journal of Nutrition, Diabetologia, **British Medical Journal**, British Journal of Sports Medicine, British Medical Journal Open, Nutrition Metabolism & Cardiovascular Diseases, Advances in Nutrition, Critical Reviews in Food Science and Nutrition, **The Lancet**, International Journal of Food Science and Nutrition, **American Journal of Clinical Nutrition**, Systematic Reviews, Clinical Nutrition, Epidemiological Reviews, Oncotarget, European Journal of Epidemiology, Journal of Physiotherapy, Food & Function, Preventive Medicine, Epidemiology, Journal of Evidence based medicine, Diabetic medicine, Research Integrity and Peer review, Heart, **Nature Communications**.